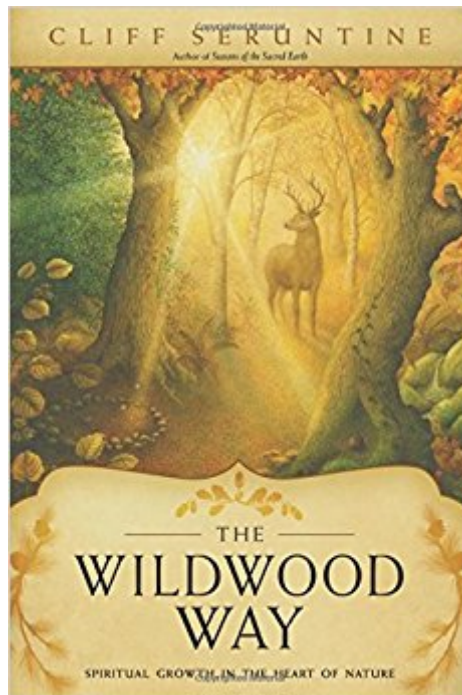




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The Wildwood Way: Spiritual Growth In The Heart Of Nature



Synopsis

Discover the profound inspiration of the wild places. Author Cliff Seruntine and his family have lived their lives in the wildernessâ•homesteading, hunting, gathering, and treading lightly on the land while honoring its spirits. Let Cliffâ™s graceful pen lead you to a deeper understanding of natureâ™s magic as he shows you practical bushcraft skills and shares true stories of the sacred and enchanted to be found in the untamed natural world. In these pages you will read tales of bear and deer, of towering maples and mysterious brooks, of the spirit forces to be found outdoors. The best way to come to know nature is to become part of its adventure, so Cliff teaches traditional skills like wild food foraging and tracking as well as spiritual skills such as the ancient spirit journey. Blending the perspectives of a true naturalist with the depths of the shaman, Cliff Seruntine is a seasoned guide for your journey intoÂ The Wildwood Way.

Book Information

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Customer Reviews

Cliff Seruntine (Nova Scotia, Canada) is a naturalist, a practicing shaman, a writer, a fiddler, and has a psychotherapist private practice. Since 2007, he has lived with his family on their semi-remote homestead where they teach classes on buschcraft and homesteading. Visit his blog at CliffSeruntine.wordpress.com.

This is my Christmas present to myself, so I've only read the sample, which had me riveted to the very edge of my bed it was so good! It's exactly what I was looking for. True adventure in nature

involving a spiritually aware person, who defines himself as a shaman. Thank you so much!

Love this book and the other one by Cliff Seruntine (sacred seasons of the earth) Once I start reading them they are hard to put down.

I absolutely love this book. Have just ordered another by this author. The writing is evocative and the story pulls you in.

My companion and I are reading a chapter each month, following the magic of the wilderness throughout the year. Will pass this book along when we are finished.

I love this book!

As with his previous book, I find this book comforting. When reading I find my heartbeat slows, I have a smile on my face, I also find I shed tears at certain spots. The information he shares about nature, the outdoors and family is important. Too many of us have become, through our own fault, chained to a desk, computer, TV, iPod, whatever. Too many of us have lost our way and either ignore or reject our (mans) mistreatment of nature. Cliff reminds us in a gentle positive way of the importance of nature and the wildwood. I read this book before bed, to relax and learn and yes to dream of how things could and should be. Some would look at this and dismiss this book as not moving forward with the times. I, personally, have found that sometimes to go forward one must go back. Oh humanity, where have you gone? Cliff, please write more.

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